### **FREE PRESS GUJARAT** Saturday, December 24, 2022

### EDITORIAL

Playtime: On the 36th National Games

Double the second state of a poll-bound state, the Gujarat government volunteered to host the 36th National Games across six cities — Ahmedabad, Gandhingar, Vadodara, Surat, Bhavnagar and Rajkod and the second state states took years that other States took years cancelled after several postponements revealed the enormous challenge that gujarat had to deal with in organising this large-scale event. Odisha had set a new benchmark by organising the Sular Ahmedabad to face the several signar had Gujarat equaled the feat by stajan Athletics Championships in three months and Gujarat equaled the feat by stajan Athletics Championships in three months and Gujarat equaled the feat by stajan athletics Championships in three months and Gujarat equaled the feat by stajan athletics Championships and Party – ruling in the State and the Congeration was smooth in the run-up to the Sarati akade stadi as even years ago. The Karenda Modi Stadium — the biggest cricket venue seating over a lakh — staged the Narendra Mod Stadium – the biggest cricket venue seating over a lakh – staged the Games' spectacular opening ceremony at Ahmedabad. A show of light and sound, it showcased Gujarat's rich cultural heritage and blended with it the country's technological advancement. It was reflected in the use of eye-catching augmented reality technology by Doordarshan during the live coverage of the inaugural extravaganza. For the Games, involving

extravaganza. For the Games, involving 8,000-plus athletes from 36 teams in 35 sporting categories, Gujarat used its existing infrastructure instead of building new venues that often turn out to be white elephants. It converted some international standard expo centres, into indoor sports international standard expo centres into indoor sports facilities. Instead of building a Games Village, it used hotels to provide accommodation to the athletes and ensured business to the State's hotel industry. The Games, which began as the Indian Olympic Games in Lahore in 1924 before being rechristened as the National Games after

<text><text><text>

# in its 98th year by providing

Independence, stays relevant in its 98th year by providing young athletes an opportunity to get a feel of a multi-discipline Games and compete with world-dass athletes such as Mirabai Chanu, Shiva Thapa and Avinash Sable before they step on to the international platform. For Gujarat, organising the Games was in sync with the State's ambition to host the Olympics in future. The efforts to set up the Swarnin Gujarat Sports University in Vadodara, encouraging the use of technology in sports and promoting skill development through sports are steps in this direction. Inaugurating the 2022 Gujarat editon, Prime Minister Narendra Modi declared his Government's overall development while for the athletes, the National Games offers a stepping store to greater progress. In an initiative to use the power of sports for each out to people of a poll-bound State, the Gujarat government volunteered to host the 36th of a poll-bound State, the Gujarat government Gujarat government volunteered to host the 36th National Games across six cities — Ahmedabad, Gandhinagar, Vadodara, Surat, Bhavanagar and Rajkot — in a short time. The fact that other States took years to prepare and the Goa edition was cancelled after several postponements revealed the enormous challenge that Gujarat had to deal with in organising this large-scale event. event. Odisha had set a new

Sha

Place: Ahmedabad Date : December 23, 2022

benchmark by organising the 2017 Asian Athletics Championships in three months and Gujarat equalled months and Gujarat equalled the feat by staging a multi-sport event in a similar time frame. With the same party — the Bharatiya Janata Party — ruling in the State and the Centre, the cooperation was smooth in the run-up to the event, which was last held in Kerala seven years ano. The Kerala seven years ago. The Narendra Modi Stadium — the biggest cricket venue seating over a lakh — staged the Games' spectacular opening ceremony at Ahmedabad.

# Why MS Dhoni doesn't carry his phone and what we can learn from him the ability to pay attention to the present, given the technology that draws our attention away to everything that is not in the present. MS Dhoni is on to something, Ravi Shastri, who was the Indian cricket team's manager and head coach for a significant part of MS's tenure as captain, speaking to India Today, says, "Till today, I don't have his number. I have never asked for his number. I know he doesn't carry his phone with him. When you want to get in touch with him, you know how to get in touch with him. He is that kind of a person." Now, I have at various points in my life envied MS. When he was younger, for his helicopter shot, and as I grew older, his calm temperament. But when I read Shastri's comments on him not being glued to a mobile phone, I was amazed.

Court, while checking our phones. It's the lawyer version of a high-speed For much of his captaincy d career as an and career as an international cricketer, international cricketer, Mahendra Singh Dhoni aka Captain Codi, did not carry a mobile phone. Or if he had one, few had his number. Ravi Shastri, who was the Indian cricket team's manager and head coach for a significant part of MS's tenure as captain, speaking to India Today, says, "Till today, I don't have his number. I have never asked for his number. I know he doesn't carry his phone with him. When you want to get Olympic discipline.

version of a high-speed Olympic discipline. Technology has made the virtual world easily accessible and so engaging that doctors now worry basics arown, writing for the BBC, reported that around 3 billion people or 40 per cent of the world's population, use online social media. Importantly, we spend on average two hours a day "sharing, liking, tweeting and updating on platforms". This is roughly haif a million tweets and Snapchat photos every minute. She says that a study published in the journal "Computers and Human Behaviour" found that people who report using seven or more social media platforms were three times more likely as people using 0-2 platforms, to have higher levels of general anxiety symptoms. Don't Miss from Express for nis number. I know he doesn't carry his phone with him. When you want to get in touch with him, you know how to get in touch with him. He is that kind of a person." Now, I have at various points in my life envied MS. When he was younger, for his helicopter shot, and as I grew older, his calm temperament. But when I read Shastri's comments on him not being glued to a mobile phone, I was amazed. How had MS escaped the invasion of his mind by technology — in this case, the mobile phone? Today, mobile phones are walls, watch movies, check social media, shop online, use messaging apps like WhatsApp or Signal and take pictures with the built-in camera. It's common to see a couple out for dinner in a nice restaurant, glued to heir phones. Or lawyers like merunning between the 16 courtrooms of the Supreme

levels of general anxiety symptoms. Don't Miss from Express Opinion | Why Supreme Court's abortion verdict must be read by Indian gynaecologists who live under a rock.

under a rock But it's not just that our daytime hours are being consumed by tech's virtual world. It is also that our nighttime routines are being disrupted in ways that evolution never intended for our species. Human beings

CIN: L51909GJ2000PLC037329 Regd. Off: 508 Iscon Eligance, Nr. Jain Temple, Nr. Prahladnagar Pick Up Stand, Vejalpur, Ahmedabad - 380051 Web site: www.sikkoindia.com; Email: compliance@sikkoindia.com Phone No.: +91.79 6616 89501 (6168951

NOTICE OF POSTAL BALLOT NOTCE is hereby given, in accordance with the provisions of Section 188 and 110 and other applicable provisions, any, of the Companies Act 2013 ('the Act') read with Rules 20 and 22 of the Companies (Management and Administration Rules, 2014 (as amended from time to time) ('the nules') and Regulation 4 of SERI (Listing Dilagations and Discloss Requirements). Regulations, 2015 and other applicable laws and regulations, that the approval or members of Six Indivisities Limited ('the Company') is being sough the Special Businesses as stated in the Notice of Postal Ballot dat December 21, 2022, through remote electronic voting (remote e-voting) by following the process of postal ballot and Remote F-Wrinn.

Industries Limited ("the Company") is being scapit for Special Businesses as stated in the kotice of Postal Ballet date December 21, 2022, through remete electronic volting (remote e-volting) by following the process of postal ballet and Remote F-Volting. Parsant to the MCA councer kot. 14/2020 dated April 8, 2020, Circular No. 17/2020 dated April 13, 2020, Circular No. 19/2020, Circular No. 10/2021 dated June 23, 2021, Circular No. 17/2020 dated April 13, 2020, Circular No. 19/2020, Circular No. 10/2021 dated June 23, 2021, Circular No. 17/2020 dated April 13, 2020, Circular No. 10/2022, Circular No. 10/2021 dated June 23, 2021, Circular No. 20/2021 dated December 68, 2021 and Circular No. 2020, Circular No. 10/2021 dated June 23, 2022, to all the shareholders of the Company vhose management in beneficial owners is a received from the Depositories as on Fridey, December 16, 2022 (Circ 01T Date') and hard copy of this hotica along with postal ballet forms and pre-pade business envelope will not be sent to the shareholders for the shareholders for the shareholder South and the Company of the internation of the sense or disect of the embers would take place Through the remote e-vorting system only. In light of the MCA Circulars, for remote e-vorting for this postal ballet, the shareholders whether holding equily shares where certificing (front and bad), PM (self-statested scanned copy of PAM card), ADDFAR (self-attested scanned copy of Addata Card) by email to compliance@skikonida.com; 2) In case shares are held in demat mode, please provide statement, PAN (self-attested scanned copy of PAM card), ADDFAR (self-attested scanned copy of Addata Card) by email to compliance@skikonida.com; 2). In case shares are held in demat mode, please provide statement, PAN (self-attested scanned copy of PAM card), ADDFAR (self-attested scanned copy of Addata Card) by embers. The theorements is a control the data internation in control in compliance@skikonida.com; 2) (or a the case and the data Card) the theorements is more housed

evolved to coordinate their sleep with darkness and waking with sunlight. Sleep is critical to our health and longevity. Mathew Walker in his extraordinarily well researched book "Why We Sleep" notes that over 17,000 studies link good sleep to longer life — it enhances memory, makes one more creative, lowers food cravings, protects against cancer and dementia. It wards off cold and flus, lowers risks off heart attacks and strokes and makes one feel happier and less depressed. Walker reminds us that Shakespeare wrote in Macbeth in 1611 in Act Two, Scene Two, "sleep is the olifs our sleep is being disrupted, knowingly or unknowingly, by the tech we hold so dear — our brightly lit deeply seductive devices. Walker writes of a study when healthy adults for two several hours before they sleept, five nights a week – iPads are electronic devices enriched with blue LeD light.

read printed paper books in the same manner. The group reading on the iPad had "suppressed melatonin release by over 50 per cent at night". Melatonin, an enzyme that the body

SIKKO INDUSTRIES LIMITED

IN LIC OF INCLUSION CONTRAINED OF TELLINON a is hereby given that a petition under sections 230-232 of the Companies Act, 2013 for sanctioning of the Scheme of gamation of Avadh Saacks Private Limited ("Transferre Company") and Red Rotopack Private Limited ("Transferre pany 2") with Prataga Saacks Limited ("Transferre Company") and their respective shareholders and creditors was admitted e horbite National Company Law Tolunal, Bench at Athreadabad on 14" December, 2022. The said petition is field of to ing on 1" February, 2023 at 10.30 a.m. or soon thereafter

ANY PERSON desirous of supporting or opposing the said petition should send to the Petitioner Com at the address mentioned hereunder, a notice of his intention, signed by him or his advocate, with his At the Advancementation of the supporting or opposing the said petition should send to the Petitioner Companies (Petitioners) Counsel at the address mentioned hereander, and/co of his intention, signed by him or his advocate, with his ful name and address, so as to reach the Petitioners Counsel not late than two (2) days before the data flexed for hearing of the Petition. Where he seeks to oppose the Petition, the grounds of opposition or a copy of the affidavit intended to be used in opposition to the petition, should be their in Hornbe Handia Company Law. Thousal, Almedaated Bench at Office 1<sup>-1</sup> 82<sup>eff</sup> Soc. Consel Bhavan, Beside Zyuus Hospital, Thatlej, Almedatad - 380056, Gujarat and a copy thereof served on the Petitioners Counsel, not later than two days before the date fixed for hearing. A copy of the petition will be furnished by the Petitioners Counsel to any person requiring the same on payment of the prescribed charges.

#### Manju Mu

23.12.2022 (Physical Possession

Manju Mundra Counsel for the Petitioner Companies 302, Soni Mansion Building, 12-B, Ratlam Kothi, Indore-452001, Madhya Pradesh

Authorized Office FULLERTON INDIA HOME FINANCE COMPANY LIMITED

## Fullerton FULLERTON INDIA HOME FINANCE COMPANY LIMITED Grihashakti Corporate Off.: Fir. 5 & 6, B-Wing, Supreme II Park, Supreme City, Powai, Mumbai - 400 076

POSSESSION NOTICE FOR IMMOVABLE PROPERTY [(Appendix IV) Rule 8(1)] EREAS the undersigned being the Authorized Officer of Fullerton India Home Finance Company Liultregipany [duly registered with National Housing Back (Fully Owned) yRBI) [thereinsfler referred to as "FIHFCL") ha e at Megh Towers, Floor 3, Old No. 307, New No. 165, Poonamallee High Road, Maduravoyal, Chennai, Tar er Secutisation and Reconstruction of Financial Assets and Enforcement of Security Interest Act 2002 (54 of 200 Date of Physical

Name of the Borrower( Co-Borrower(s) with Loan Account No. LIMMOVAULE TO PARCEL OF THE PERTY BEARING PLOT NO. 20, 4EASURING ABOUT 44.59 SQ. MTRS. TER KJP IT IS BLOCK NO. 9, SUB PLOT 1/20 ADMEASURING ABOUT 49.41 Forty-Nine The Nine Hundred 09.07.2021

www.exoting.nsdi.com. Any query(grivence with respect to the voting by remote electronic means may please be addressed to Ns. Ankla Lunagariya, Company Secretary and Compliance officer, Sikko Industries Limited at 508 Iscon Elegance, Nz. Jain Temple, Nr. Prahadnagar Pick, up Stand, Vejalpur, Ahmedabad – 380051, Gujarat, India or at Email Idi compliance@sikkoindia.com or n +39 ISI20 23804. In case of any queries, you may refer the Frequently Asked Questions (FAQs) for Shareholders and e-voting user manual for Shareholders available at the download section of www.exoting.nsdi.com or call on toll free no.: 1800 ISI0 990 and 1800 22 4 30 or send a request at evoting@rel.co.in. For, Sikko Industries Limited Sd/--Sd Jayantibhai kumbhani Managing director DIN: 00587807

confuses the body into thinking that it's not nightime, but daytime, and hence melatonin production is diminished resulting in loss of sleep. The issue is not simply that technology deprives us of sleep. Clearly, much in modern life has caused a diminished sleep pandemic — the stress of onger working hours, laborious commutes, noise pollution and technology, each plays a role. A global sleep survey (across 12 countries) conducted by Philips and KTG Group in 2019 found that 62 per cent of adults dont feel that they get enough sleep. Doctors recommend that we sleep eight hours each night. The survey showed that adults logged an average of 6.8 hours of sleep on weekdays, while on weekends it was 7.8 hours. Some of this is also due to our inability to "switch fit" as technology makes us accessible 24/7. With work from home now meaning that our

With work from home now meaning that our kitchens are our new offices and the first thing that most people do when they wake up is check email, the real question is: What are we losing in the process? What we are losing are the qualities that are most special to our species – our ability to reflect, to observe and to look within. All activities that necessitate having full control of one's

sleep. The blue LED light confuses the body into thinking that it's not osing the ability to live in the

losing the ability to live in the present moment, amid the email checking, iPad viewing and smartphone-picture-taking. And the present is full of magical moments. Last Sunday, as I walked around Delhi's beautiful Sunder Nurserv with my family we Delhi's beautiful Sunder Nursery with my family, we spotted a dragonfly. The dragonfly was fluttering its wings, and briefly, a silver of pale earlyish morning sunshine fell on its wings. A peacock walked by in the distance. We all grew quiet, and the adults had their various devices switched off and the adults nao their various devices switched off. I understood then what Thich Nhat Hanh, the Buddhist master, meant when he said, "the present moment is filled with joy and

happiness. If you are attentive, you will see it." The greatest challenge of this era will be

NOTICE FOR CHANGE OF OFFICE ADDRESS POONAWALLA HOUSING FINANCE LIMITED (FORMERLY KNOWN AS MAGMA HOUSING FINANCE LIMITED) Registered Office : 602, 6th Floor, Zero One IT Park, Survey No 79/ CIN Tel customer(s), policyholder(s) and pui at Jamnagar (Gujarat) will be relo ider. The existing address will be available lic at large are hereby informed that ated from its present address give le for a period of 90 days from the dat Old Office Address New Office Add New Office Address 3rd Floor, Office No. 340, Madh Plaza, Lal Bunglow, City Survey G/1/146/ Sub Plot No. 146/1, N. City Survey No. 1116/1, Ward No Isonara, Guiarat, 361001 Madhav Plazza 3rd Floor, Office No. 339 Near Lal Banglow, Opp. SBI Bank, Jamnagar, Gujarat - 361001 y person(s) having any queries or unresonated us at the above mentioned NEW ADD

2

Reach us on +91-1800-266-3204 (Toll Free) or e-mail at customercare@poonawallahousing.com BEFORE THE NATIONAL COMPANY LAW TRI BENCH AT AHMEDABAD CP (CAA)/ 81 (AHM)2022 CONNECTED WITH CA/(CAA)/42(AHM)2022

In the matter of the Companies Act, 2013; And In the matter of the Provisions of Sections 230-232 read with other relevant provisions of the Companies Act, 2013;

matter of Avadh Snacks Private Limited and Red Rotopack Private Limited;

NNO In the matter of Scheme of Amalgamation of Avadh Snacks Private Limited ("Transferor Company 1") and Red Rotopack Private Imited ("Transferor Company 2") with Prataap Snacks Limited ("Transferee Company") and their respective shareholders and

IN-U15132GJ2017PTC088837 Company incorporate under the provisions of the Companies Act, 2013 and having its registered office at R.S. No. 123/P3, lew R.S. No. 128, Ind. Plot No. 1, Nikava, Jarmagar, Gujarat - 361162 ...PETTTOINER COMPANY 1 /TRANSFEROR COMPANY 1

... PETITIONER COMPANY 2 /TRANSFEROR COMPANY 2

PRATAAP SNACKS LIMITED

A Company incompatible under the provisions of the Companies Act, 1956 and having its registered office at Khasra no. 378/2, Nemawar Road, Near Makrand House, Palda, Indore, Madhya Pradash. 452020 Non Petritoner Company/Transferee ComPany NOTICE OF HEARING OF PETITION



AVADH SNACKS PRIVATE LIMITED

Place: Indore Date: 23<sup>™</sup> December, 2022

# No discrimination: On Supreme

# Court's abortion ruling

and